

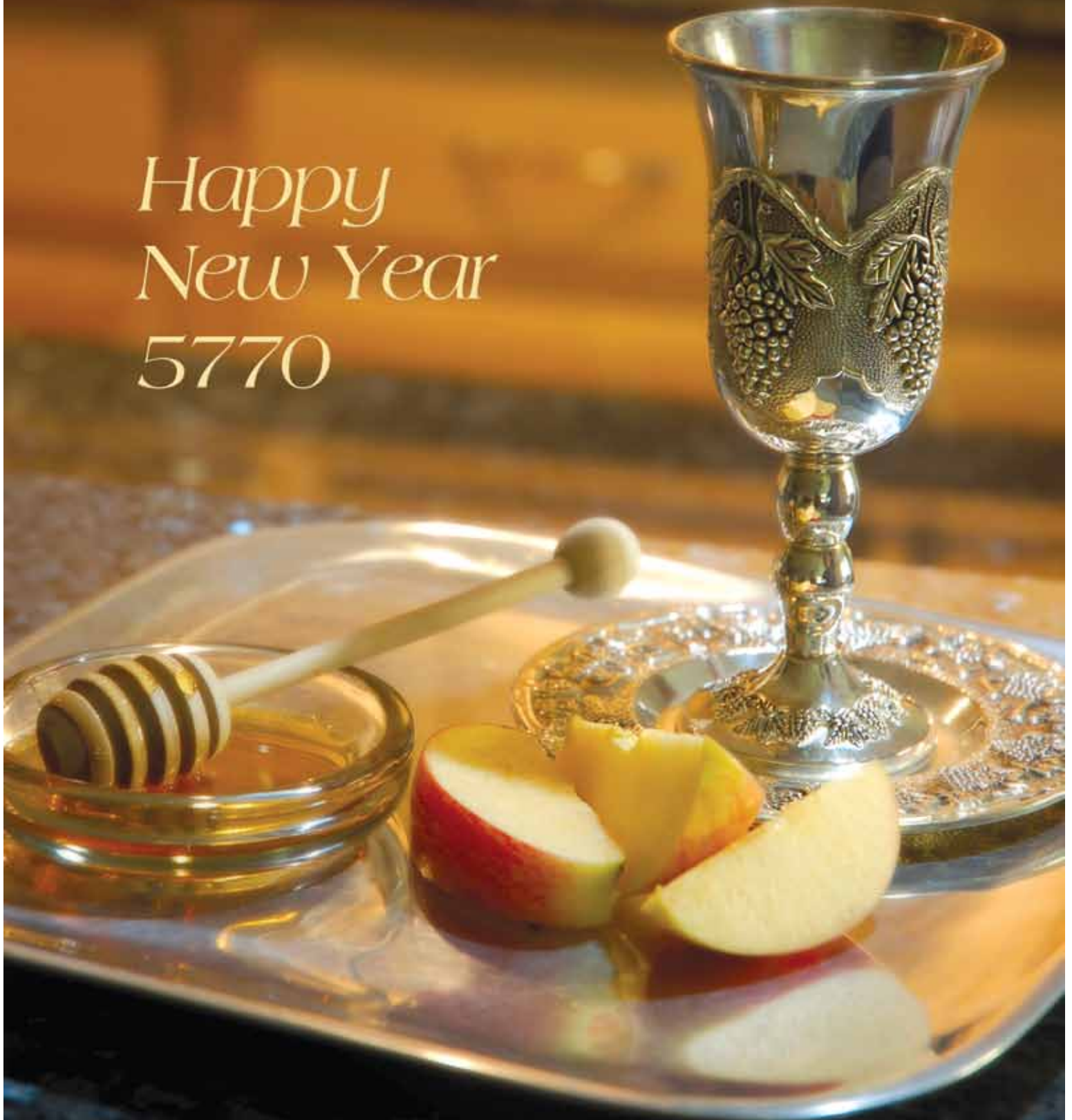
MANETTO HILL JEWISH CENTER

SHOFAR

Volume 42, Issue 5

SEPTEMBER/OCTOBER 2009 - Tishri/Heshvan 5770

*Happy
New Year
5770*



FROM THE RABBI'S STUDY

Rabbi Morris Bernstein

In anticipation of the High Holidays, we began straightening up some long-forgotten desk drawers and stumbled across a Bernstein Time Capsule of sorts. It was a small cache of photos of the kids standing by our front door on the first day of school. The photos were from various years but all showed youngsters carrying backpacks and sporting new school clothes. Although the photos were from different points in time, growth, and fashion, they did have some similarities. All of the photos showed excitement, anticipation, and the ever-present tinge of anxiety. The kids are all professionals now, pursuing advanced degrees. We compared these snapshots to the beautiful professional photos from Dahlia's recent wedding. We smiled as we realized how much had changed and how much had stayed the same.

Approaching the High Holiday season is very much like opening up a family time capsule. We give ourselves the luxury of self-reflection.

We think about who we are and how far we've come. We remember those who have come on the journey with us, some who are no longer with us, and some who have joined us. We take time from our chaotic frenetic lives to remember the most important aspect of our lives, the people we love.

Most of us don't receive formal school "report cards" anymore. Many of us do receive periodic "job performance reviews" at work. In academic terms, the High Holidays are about designing a personal report card for your own character. Trying to determine your strengths and areas which need work. What grades would you give yourself in the following categories: Patience, Loving Kindness, Generosity, Gentleness, and Forgiveness? You undoubtedly can come up with many more categories.

Take advantage of this snapshot in time. Use it to your full advantage.

Shanah Tovah U'Metukah.

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Helene Ainbinder

RITUAL COMMITTEE

Sharon Dashow

Yasher Koach and thank you to all who lamed Torah, read Haftorah, led some part of Shabbat services and/or led our weekday minyans during the summer, as well as to all who attended those services. Those who attended in July enjoyed a light lunch after services. We hope to be doing this throughout the year.

On Friday, July 24th, we enjoyed a barbeque dinner prior to services. Thanks to Robert Goldman, who didn't let the rain deter him from doing the barbequing and to Ellen Goldman for taking care of the shopping!

Believe it or not, the High Holidays are almost here. If you have not yet submitted your High Holiday forms, please do so immediately. Please let us know if you can usher during services and/or help with the set up at the Y. We appreciate any help you can give!

Is the thought of preparing for the break fast a daunting one? Why not take a chance at winning a break fast for ten? Raffle prices are \$10 for one raffle, \$25 for three and \$50 for seven. It's a great way to support Manetto Hill Jewish Center.

L'Shanah Tovah Tikatavu! A happy and healthy New Year to all!



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This costs you nothing. If you want a \$100 gift card for Bed, Bath and Beyond, send a check for \$100 made out to MHJC to the synagogue. The first Monday of each month an order will be placed for the gift cards and within a week you will have your gift cards. Use them to shop or give as gifts. The more who buy, the more we make. Our profit is from 2% to 12% depending on the store. This will add up.

For More Information call **Sue Halfen (516) 921-2682** or **MHJC (516) 935-5454**

Larry Kurtzman

Another New Year Is Upon Us

As you are reading this, we are entering the High Holiday season. This, of course, is an opportunity to look back on the past year and look ahead to the coming one. The past year has been a busy and successful one and the new year promises to continue this pattern. But one thing that never changes is our need to have as many people as possible participate in committee meetings and work on events throughout the year. This article contains just a few examples of where your attendance can help make a difference.

Our biggest event over the past year was our highly successful Torah Dedication weekend. However, this was just one of the many areas of focus of the many people who have dedicated their time to our shul.

Precisely as I am writing this article (on 8/12/09), the parking lot is being demolished and the new drains and base fill are being laid in preparation of the new asphalt to be put down in a couple of weeks. New light poles will run down the center of the parking lot to provide appropriate lighting at night, and pavers will replace the concrete near the main entrance. By the time you read this, all of this will be in place. The new parking lot is the latest in the series of improvements we have made to our building in recent years, starting with the remodeled sanctuary and including the new movable wall, bathrooms, and upgrades to the hallway walls and floors. Interested in finding out what may be on the horizon? Then come to a House/Long Range Planning meeting.

Amongst the activities in the upcoming year are those dedicated to celebrating Rabbi Bernstein's long tenure with our synagogue. **The next one on the calendar is Saturday night, September 12th.** This is our annual Pre-Kol Nidre comedy night and is always entertaining. The Ways and Means committee is working on the specifics of how to honor the Rabbi during the night. Plus, the Rabbi's daughter Dahlia will be there to be part of this effort before she goes to Israel.

In my previous column, I asked everyone to put February 6, 2010 on their calendar for a Journal Dinner Dance to honor the Rabbi. This has been changed in both date and format. **The new date is Sunday, May 2, 2010 and it will now be a Journal Brunch Dance** (probably starting at about noon). The Ways and Means committee, in discussion with the Rabbi, decided that this would be a more successful and enjoyable event for a number of reasons. First, by moving it later in the year, our "snowbirds" should all be up from Florida and can join us. Second, making it a brunch versus a dinner will enable us to lower the per person cost, which of course is a significant factor for many people in the current economy. Want to hear more details? Then come to the next Ways and Means meeting.

Just a reminder that the firm deadline for returning the Rabbi search survey is **September 22, 2009**. Please be sure to turn in your survey to the synagogue by that date. If you are reading this after that date, then no more surveys are being accepted. This is because all the data must be analyzed and used to complete the application to the Rabbinical Assembly that is targeted for early November. Want to hear more about how the process is going? Then come to the next Rabbi Search open meeting.

In addition to committee meetings, all Board of Trustee meetings are open to the congregation. See the calendar in the Shofar, in the mailings, or on our website for the schedule of all meetings.

If you want to offer your input directly to me, or if you have any other needs to speak with me directly, feel free to reach me through the synagogue office or via email at LarryKurtzman@optonline.net.

L'Shana Tovah.

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Steve Klein
Daniel Brand

As we take this year to look back upon, and celebrate, Rabbi Bernstein's many years as the spiritual leader of Manetto Hill Jewish Center, we must also take this time to search for our next Rabbi. In doing so, this is a perfect time to look at the growth of Manetto Hill Jewish Center since its inception and see if there is anything we want to redefine about MHJC.

We hope that each member will return the survey that was recently mailed to you. By doing so, you will ensure that your voice is heard in this important process. The survey must be returned by September 22nd. If you would like to meet with the committee to express your views, either one to one or as a group, please call one of the people on the committee or call the synagogue office. Our next congregational meeting will be on September 29th. Attending these open meetings (which are scheduled every month) is a good way to get up to date information, to ask any questions and address any issues you may have. We look forward to seeing you there.

WAYS AND MEANS

If it's September, it must be time for comedy. So it is! Our annual pre-Kol Nidre comedy night will take place on Saturday evening, September 12th. Check our mailings and website for more details, including prices and incentives for redeeming Kol Nidre pledges.

Our comedy night has become a staple event at MHJC, as so many people enjoy it. This year, we have the added pleasure of honoring Rabbi Bernstein that night for the first of what will be a year-long celebration and thank you for his leadership!!

That celebration will culminate with a journal brunch honoring Rabbi and Naomi Bernstein on May 2nd. While it is a long way off, please mark your calendars and save the date so

UJA-Federation of New York's

connect·to·care

The Jewish community at work for you

In this recession many of us find ourselves in need of support, even those of us who have never had the need to access assistance. The Jewish community is here for you. UJA-Federation of NY and the Mid-Island Y JCC are responding to a community-wide crisis by providing you and your family with the help you may need. If you or someone you know may need assistance in the following areas, the Connect to Care team of social workers at the Mid-Island Y JCC can help.

Some free and confidential services that a social worker can provide or link you to within the community:

- Employment and career transition services, including job networking opportunities and career seminars
- Financial consultation, debt counseling, and budget assistance
- Legal services
- Supportive counseling and Jewish spiritual care

Many unique workshops on a variety of related topics will be provided during the fall at the Mid-Island Y JCC, Sid Jacobson JCC, Friedberg JCC, the JCC of the Greater Five Towns, and the Suffolk Y JCC. Please watch for more information.

If you have questions or would like to schedule an appointment with one of our social workers please call, 516-822-3535 and ask for Christina Barlowe at ext. 328 or Audrey Dinstell ext. 383 or you may leave a confidential message on ext. 339. More information is also available at www.sjjcc.org/connect-to-care and through the Linked-In group: Nassau County UJA-Federation's Connect to Care.

Sharon Dashow

that we can all pay tribute to the Bernsteins. More information will follow soon.

Another date to mark on your calendar is Saturday evening, November 7th. Come join us as Plaza Theatrical Productions presents *Fiddler on the Roof*. That is the same company which staged *Golda's Balcony* at MHJC last year. Judging from that wonderful performance, November 7th promises to be a most enjoyable evening!

We are still in the midst of planning our calendar for the year. Please join us at our monthly planning meetings. We welcome your ideas and participation!

FAMILY LIFE

Barbara Dicken

Family Life wishes all of our MHJC family a Shana Tovah! We continue to plan in conjunction with Education and Youth to provide experiences for our families to share. Please contact Barbara at Barbara@Computersurgeon.com with any ideas you might have regarding family programming.



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CALENDAR OF SERVICES: HOLIDAY SCHEDULE

Selichot	Saturday Evening, September 12	8:30 pm Comedy Night 11:00 pm Selichot Service	MHJC
Rosh Hashanah	Friday Evening, September 18 Mincha-Maariv	6:30 pm	JCC
	Saturday Morning, September 19	9:00 am	JCC
	Saturday Evening, September 19	6:30 pm	JCC
	Sunday Morning, September 20 Sunday Evening, September 20	9:00 am 8:00 pm	JCC MHJC
Rosh Hashanah	Children's Morning Services	10:30 am - 12:00 pm	
Shabbat Shuva	Friday Evening, September 25	8:00 pm	MHJC
	Saturday Morning, September 26	9:30 am	MHJC
Taschlich	Sunday Morning, September 27	Caravan leaves MHJC at 10:00 am to Cold Spring Harbor to cast our sins into the water (really fun activity for children and families)	
Yom Kippur	Sunday Evening, September 27 Kol Nidre	6:15 pm	JCC
	Monday Morning, September 28	9:00 am	JCC
	Community Yizkor	3:00 pm	
	Mincha-Neila Service	5:00 pm	
	Children's Morning Service Shofar	10:00 am - 12:30 pm 7:23 pm	
Sukkot	Friday Evening, October 2	8:00 pm	MHJC
	Saturday Morning, October 3	9:30 am	MHJC
	Sunday Morning, October 4	9:30 am	MHJC
Shemini Atzeret	Friday Evening, October 9	8:00 pm	MHJC
	Saturday Morning, October 10 YIZKOR SERVICE	9:30 am	MHJC
Simchat Torah	Saturday Evening, October 10	7:00 pm	MHJC
	Sunday Morning, October 11	9:00 am	MHJC

MEMBERSHIP

Membership is now offering incentives if you bring your friends and they join our synagogue! You can receive 10% off of your membership dues, or you can receive a free seat for our high holiday services. We offer reduced rates for new members as well. Tell your friends.

WELCOME TO OUR NEW TEMPLE MEMBERS

Charlotte Froehlich
Bart and Melinda Griggs

If you know of a Jewish family that is new to your neighborhood, call Sue Halfen at (516) 921-2682, or the office at (516) 935-5454 so that we can welcome them to Plainview and introduce them to MHJC.

SEPTEMBER 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Ritual	4 Candel Lighting 7:05 pm	5 Bar Mitzvahs: Alex & Robert Rothenberg
6	7 Labor Day: Office is close Bar Mitzvah: Benjamin Chasan	8 House/Long Range Planning	9 Hebrew School Teachers Meeting Ritual	10 Executive Board	11 Candel Lighting 6:53 pm	12 Selichot Comedy Night & Pre-Kol Nidre
13 Open House Trustee	14 1st Day Classes— Students & Parents' Orientation—Pizza Party Membership/Family Life	15	16 Sisterhood	17 Move to Y – 3 p.m. Ritual	18 Rosh Hashanah Candel Lighting 6:41 pm	19 Rosh Hashanah
20 Rosh Hashanah	21 Education	22	23 Ways & Means	24	25 Candel Lighting 6:26 pm	26 Sisterhood/Men's Club BBQ
27 Kol Nidre 6:15 pm	28 Yom Kippur	29 Rabbi Search Committee	30 Hebrew School Sukkot Event Israeli & Jewish Affairs			

All Friday Evening Services are at 8:00 pm unless otherwise noted.

All Saturday Morning Services are at 9:30 am unless otherwise noted.

All meetings are at 8:00 pm unless otherwise noted.

Yahrzeits

In this the September/October issue the Hebrew months of Elul, Tishri and Heshvan begin and thus we list the Yahrzeits observed during these months.. If you do not see a Yahrzeit listed, please notify the office with the necessary information so that it can be added to the Synagogue's computer system.

Elul: Freda Arlick, David Bank, Evelyn S. Berman, Elsie Cohen, Frank Dashow, Louis Delin, Milton Eichen, Tillie Essman, Annette Fischer, Joseph Glanzrock, Fannie Goldstein, Irma Gordon, Laura Greenbaum, Irving Harris, Harriet Hochman, Piroska Isko, Abraham Issacs, Mindel Jacobson, Joseph Hayyim Kassorla, Frances Kay, Herbert Kingsberg, Max Klein, Rose Klein, Helen Konel, Harry Kurtzman, Barnett Levine, Gertrude Levine, Hyman Levine, Bernard Levy, William Madonick, Samuel Mandel, Louis Mann, Isidore Meinberg, Nathan Minkoff, Ronald Palmer, Henry Perlman, Gussie Popick, Aaron Port, Daniel Rabinowitz, Harry Reich, Myron Resnick, Nathan Ritter, Estelle Rudich, Henry Rutman, Mona Sands, Helen Schatten, Martin Schiff, Anna Shinman, Rebecca Silverman, Sylvia Silverberg, Rebecca Silverman, Dorothy Steil, Moritz Stern, Ida Ulsan, Betty Werbel, Carl Yagoda

Tishri: Jacob Tuffiash, Harry Black, Morris Himmel, Neil Endelson, Max Sonenklare, Mollie Goldblatt, Minnie Randall, Seymour Buchburg, Stuart Vogel, Hiram Symons, Marion Tetenbaum, Anna Schwartz, William Brody, Rose Stier, Clara Kusinitz, Lillian Port, Freida Auerbach, Louis Auerbach, Melvin Bart, Emery Klein, Florence Borodinsky, Hyman Chesner, Samuel Cohen, Betty Gilbert, Irving Klein, Sidney Goldstein, Dorothy Roseman, Pauline Froehlich.

Heshvan: Sylvia Eill, Lillian Rubin, Natalie Greenberg, Leslie Grunwald, Elaine Caplan, Solomon Clarin, Emily Starr, Jeremy Hunter Greenberg, Rose Berenson, Abraham Pasetsky, Edward Rudich, Starla Perzov, Elena Reznik, Sylvia Nitkin, Frances Klein, Sylvia Spund, Kurt Dreyfuss, Rafael Sirota, Herbert Spindel, Steven Gilbert, Louis Hauptman, Herbert Hollander, Gussie Himmel, Rose Moskowitz, Harry Lampert, Florence Alpert, Morris Kirchenberg, Paul Levine, Irving Schutzer, Aaron Spund, Harry Konel, Nathaniel Rosen.

If you are celebrating a birthday or anniversary in September or October and it is not listed, please notify the office so that we can update our records.

OCTOBER 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Book Club 7:30 p.m. Executive Board	2 Candel Lighting 6:18 pm Erev Sukkot Sukkot Shabbat Dinner	3 Sukkot
4 Sukkot	5	6	7 Sisterhood Tea in Sukkah	8	9 Candel Lighting 6:06 pm	10 Shemini Atzeret Yiskor
11 Simchat Torah	12 Columbus Day: No Classes Membership/Family Life	13 House/Long Range Planning	14 Ways & Means	15	16 Candel Lighting 5:55 pm	17
18 Bar Mitzvah: Matthew Benjamin Youth Group Trustee	19 Education	20	21 Sisterhood Paid-Up	22 Ritual/High Holiday Follow Up	23 Candel Lighting 5:45 pm	24 Junior Congregation
25 Youth Group Men's Club Oktoberfest	26	27 Rabbi Search Committee	28 Israeli Jewish Affairs	29	30 Candel Lighting 5:36 pm	31

All Friday Evening Services are at 8:00 pm unless otherwise noted.

All Saturday Morning Services are at 9:30 am unless otherwise noted.

SIMCHAS

September Anniversaries

David & Edie Friedel, Robyn & Keith Greenspan, Ira & Ellen Kallem, Alex & Donna Linden, Ellis & Felicia Schneberg, Jeffrey & Abby Weiss, Conrad & Renee Yarmoff, Michael & Sharon Zelkind, Howard & Laurie Starr, Gary & Deborah Talkofsky, Alan & Cindy Weiner.

September Birthdays

Irene Abrams, Dahlia Bernstein, Sara Bernstein, Ivan Bielik, Sharon Bielik, Adam Brown, Jonathan Buchberg, Jennifer Drossman Fox, Jaime Eichen, Audrey Engel, Robert Goldman, Ilyse Greenberg, Marc Honigman, Sharon Honigman, Bethany Konel, Terry Kwartner, Marjorie Labowitz, Ronni Leo, Ira Mandelbaum, Jeffrey Marin, Skylar Marin, Gary Marrell, Sharon Mendelsohn, Tamara Osdoby, Bobbie Ritter, Alex Rothenberg, Bryan Rothenberg, Michael Rothenberg, Robert Rothenberg, Tamir Saland, William Schweitzer, Scott Seiler, Tabitha Shamir, Kevin Sheehan, Noah Sheinwald, Ken Silver, Laura Silver, Patti Silver, Samantha Starr, Karen

Stein, Glen Stifelman, Larry Tetenbaum, Jake Trembley, Bert Wasserman, Jeffrey Weiss Les Wolff.

October Anniversaries:

David & Alyssa Gorfinkel, Lynda & Steven Greenblatt, Stephen & Gladys Honigman, Michael & Laurel Konel, Gary & Hedva Marrell, Lauren & Glen Stifelman, Michael & Debbie Werbel.

October Birthdays:

Helene Ainbinder, Seth Bart, Ian Benson, Roger Benson, David Bielik, Jonathan Bielik, Steven Bielik, Robert Blatt, Robert Carmen, Joseph Chasan, Harvey Cohen, Jason Depierro, Alexa Dicken, Barbara Dicken, David Engel, Courtney Friedman, Steve Fuchs, Harold Gaynes, Stephen David Gerard, Jessica Goldman, Alison Goldstein, Anne Goldstein, Eric Goldstein, Robert Goldstein, Barry Greenspan, Shari Hankin, Alex Horowitz, Julie Horowitz, Barry Katz, Tiffany Kistenberg, Jason Kwartner, Bruce Lesser, Carol Levine, Douglas Levine, Audra Lewton, Shelia Lipshie, Leah Mandelbaum, Naomi Mann, Brett Marx, Stacey Marx, David Meinberg, Dr. Michael Merlis, Alan C. Ozur, Rachel Pearl, Seth Pearl, Trudy Reznik, Roberta Schechter, Karyn Schutzer, Alice Schweitzer, Robert Sheehan, David Siegel, Susan Siegel, Erica Sommer, Laurie Starr, Ruth Turoff, Dawn Kusinitz, Debbie Werbel, Emily Werbel

In addition to birthdays and anniversaries we would like to publish other simchas such as engagements, marriages and births, etc. In this day and age where we are bombarded with bad news in the newspapers, the Internet and on TV, it is refreshing to learn about good news.

Welcome back from summer and a start to another very active year for Sisterhood. I would like to welcome our new board members, Laurel Konel as VP of membership and Sue Halfen, as a trustee. Thanks to both of you for volunteering and I know you will both make significant contributions to our organization. I would also like to thank Renee Cantos, who is leaving her post as VP of membership. She did a great job planning our paid-up events and we will miss her as a source of ideas and inspiration.

On to our 2009-2010 year: Our honey sale is continuing until Sept. 8th. You must order online (linked to our website: www.mh-jc.org). It is still at the reasonable price of \$13, which includes shipping. Part of this fee goes directly to our Sisterhood, so it's a great cause. The honey is delivered in a fashionable jar with a card to wish your long-distance friends and relatives a happy New Year. Please help us make our goal of a minimum of 50 jars so that we may continue doing this next year! As of this writing (8/12/09), we have 33 jars sold. If you can't access through the MHJC website, please call Sol at the synagogue office and she will be happy to walk you through it.

We have been working hard this summer on our first big fundraising event. On November 1, 2009, we are hosting a joint fashion show with the Sisterhood of Congregation Beth-El of Massapequa. It will be held at Beth-El at 10:30 am as a brunch. Omnibus of Babylon will be showing its fall fashion line, along with vendors selling jewelry, handbags, make-up, etc. Raffles will be sold with prize baskets donated by area merchants. I'd like to thank the women from MHJC who have been on the planning committee: Harriet Blatt, Sharon Dashow, Barbara Dicken, Laurel Konel, Debbie Eichen and Mindy Kurtzman. Please reserve this date on your calendar as it should be amazing!

Speaking of fundraising, we still have Shop-Rite, Fairway, and Bed, Bath & Beyond gift certificates available, as well as many others through GiftSense. Please call Sue Halfen @ 921-2682 for a gift for a shower, wedding, or just for you!

Our calendar for September includes a Sisterhood meeting on Sept. 16, which coincides with the start of Hebrew school. Saturday night Sept. 26 is our Sisterhood/Men's Club BBQ and game night. We had a great time last year playing Pictionary, so get your markers ready!

October brings Sukkot and our first annual Sisterhood Tea in the Hut (succah) on Wednesday, October 7. There is no charge to members and is a welcome back to everyone. Wednesday, October 21 is the tentative date for our paid-up event. This is still in the planning stages. Our new membership VP, Laurel Konel, has some great ideas which should result in a great time for everyone! Again, please note the above dates on your calendar.

Some future meetings include: dinner and a movie night (November), regifting (January), yoga night (February), making a

Mindy Kurtzman, President

tallis (April) and more Men's Club/Sisterhood joint events, possibly a wine and cheese tasting (May) as well as the softball game for June.

Don't forget the Purim baskets (look for order forms to go out in January and baskets picked up at the end of February), Sisterhood Passover Seder (March) and the Sisterhood Shabbat (April).

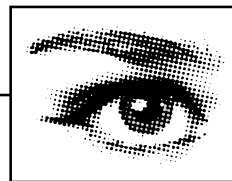
It's hard to believe another new season is upon us, but as you can see we have planned another action-packed year. If you are a woman looking for ways to become more involved in the temple, Sisterhood is a great way to start. Come to a program, a meeting or call Mindy Kurtzman @ 349-7041 or e-mail LKurtzman@att.net. L'Shana Tova to all Sisterhood women and their families!

Larry P. Berstein, M.D. F.A.A.O.

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PRINCIPALLY SPEAKING

The lazy days of summer are coming to an end, however the staff and I were very busy planning for another exciting year. Our focus will be on three topics, which are Shalosh R'Galim (Pilgrimage Festivals), Kol Israel, and K'hillot (communities). Our school will continue the electives for the Gimmel, Daled and Hay classes. New electives will be added as well as some of the favorites, which are Bar/Bat Mitzvah, The 5 Senses and Torah drash with Rabbi Bernstein. The students will have some wonderful new books and computer time to enhance their Judaic knowledge.

First, Shelosh R'Galim are Sukkot, Pesach and Shavuot. These holidays will come alive as interactive programs for all of our students, families, Youth Group and Congregants. The Sukkot Extravaganza will be "Pizza in the Hut". Everyone will learn to Shake their Lulav and Etrog, enjoy a REAL SHAKE, different activities for decorations designing (bring in empty shoe boxes), PIZZA and more surprises. It will take place on Wednesday, September 30, from 4-6pm during our Open House Event! Adults and children will help hang the decora-

HATZILU RESCUE

Hatzilu Rescue Organization Helps Jews In Need

There is no greater mitzvah than to help those in need. The best way to help is to provide the basic necessities of life. This is exactly what Hatzilu does. However, we can only do this with your generous assistance.

Hatzilu was founded over 30 years ago by a dedicated group of volunteers in an effort to help impoverished elderly Jews living in Brownsville, Brooklyn and the South Bronx. Since then we have seen a change in demographics. The elderly Jews we were helping and relocating are no longer there. However, we found an almost invisible group of needy Jews within our own community. Unfortunately, life circumstances know no age limit, and disaster strikes without warning. With more unemployment, family breakdowns, injuries and illnesses, and the higher cost of living on Long Island, Hatzilu has seen an increasing need for our assistance. We cannot solve these problems, but we can help those Jews affected by them.

We provide cash grants for rent subsidies, medical bills and supplemental medical insurance payments. Hatzilu also operates the largest kosher food warehouse on Long Island. Our volunteers deliver food on a regular basis to many who would go hungry without it.

If you would like to help, go to our website Hatzilurescue.org for more information or call us at 516-931-2884. Donations may be sent to Hatzilu Rescue Organization, Mid-Island Y JCC, 45 Manetto Hill Road, Plainview, N.Y. 11803. Gifts to Hatzilu are tax deductible.

Helene Ainbinder, Principal

tions, since Sukkot will start on Shabbat this year. Pesach and Shavuot will have other hands on family type programs.

The Government of Israel has had to divert funding from its schools to national defense. As a result, Israeli public schools need English-language reading materials to help teach their children English. MHJC will have a box near the school's office for gently-used or like-new paperbacks (reading levels pre-K to 12). This is a program of the Jade Bar Shalom Books for Israel Project along with Women's League for Conservative Judaism, TALI school in Israel and support The Masorti movement, and Congregation across America. Please no torn covers, romance novels, comic books, or stories involving violence and sexual contact. Todah Rabah in advance for your participation!

K'hillot communities are always in need of help here and other places around the world. We will be doing Mitzvot with various institutions. The B'nai Brith H.O.P.E. program for Hanukkah and for Pesach next year is one. Our school will be planning a visit to a local assisted living facility, which will be another one. Watch for the flyers or posters in MHJC.

Shabbatot are not only going to be for Jr. Congregation, but a half hour before will be **Tot Shabbat Programs!** I look forward to seeing everyone on the first day of school... **Monday, September 14th** and for all the **Yamim Nora'im** (High Holidays), and throughout the coming year. As Rabbi Abraham Joshua Heschel wrote in *Between G-d and Man*.

"Prayer clarifies our hopes and intentions. It helps us discover our true aspirations, the pangs we ignore, the longings we forget. It is an act of self-purification, a quarantine for the soul. It gives us the opportunity to be honest, to say what we believe, and to stand for what we say."

May our time for the New Year be filled with accomplishing to do just a little bit more mitzvot, a little bit more Jewish learning experiences, and a little bit more time for our families and ourselves with good health, happiness and the promise of peace.

L'Shanah Tovah U'Metukah! A Sweet One!



**791 Old Country Rd.
Plainview NY 11803
(516) 935-0616**

Laurel Konel

Our Principal: Helene Ainbinder

September marks the beginning of Mrs. Ainbinder's third year as Principal at MHJC. In her short tenure, she has been instrumental in taking the typical Hebrew School education program and transforming it into a modern progressive program, opening up many possibilities for the students and their parents to learn about Judaism. One of the most successful programs is the new elective program in which the students can choose from a variety of interesting classes—each of which focuses on a different aspect of Judaism.

This past year, Mrs. Ainbinder organized trips to the Holocaust Memorial & Tolerance Center of Nassau County where students and their families participated in A Walk to Remember—a walk in memory of a Holocaust child—and to the B'nai B'rith Project HOPE where students and their families packed and distributed food to poor and elderly Jews during Passover. This year, she is planning programs that deal with Gemilut Hasadim ("the giving of loving-kindness"), including a trip to an assisted living facility.

Mrs. Ainbinder holds an Associate Degree from Fashion Institute of Technology, a Bachelor's Degree in Judaic Studies with a minor in Fine Arts from Hofstra University, and a degree from Touro College in two fields of studies—one as a Morasha and the other in Jewish Family Education. She has been a teacher in Jewish Education for over 20 years and holds various teaching certifications. Mrs. Ainbinder also holds a

seat on the Torah Fund Board of the Women's League for Conservative Judaism, the largest synagogue based women's organization in the world. Her background and expertise allow her to design a colorful blend of Judaic Studies with an engaging artful approach.

Those of us with children in Hebrew School have had the pleasure of getting to know and work with Mrs. Ainbinder. For those of you who do not have children in the Hebrew School, feel free to wander the halls of the Hebrew School to see what Mrs. Ainbinder and the students have been doing. If you are lucky, you might even run into the Principal herself!



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ISRAEL AND JEWISH AFFAIRS COMMITTEE

Renee and Conrad Yarmoff

The High Holidays are almost upon us and a new year will begin. New resolutions are made but some things don't change. Various committees still meet to address and resolve problems faced by the synagogue and its members. The Israel and Jewish Affairs committee has tried, for the past several years, to reach out to the members of the synagogue, to bring awareness to the congregation: awareness of media bias, awareness of growing anti-semitism throughout the world, awareness of the constant threat to Israel's survival. Despite the economic concerns we face here at home and despite our nation's involvement in two wars at the present time, we still face the same issues that concerned us when this com-

mittee first began to bring these issues to your attention. The need to be aware is even more acute now than ever before.

The Israel and Jewish Affairs committee would like to bring even more news to you but we need your involvement and your help. We have scheduled meetings at 8PM at the Manetto Hill Jewish Center on the following dates: September 30, 2009, October 28, 2009, November 17, 2009 and December 17, 2009. Won't you join us? Help us to begin the new year with increased information and involvement.

Shana tova.

MEN'S CLUB

As we enter this High Holiday season, we can reflect and wonder... how did the summer go by so fast? The summer was short, wet and not very hot. We didn't get a 90 degree day until August 10th! I enjoyed the little that we had. I hope you did as well.

On July 14th we had our annual Men's Club All Star Game Night. It wasn't much of a game but it was well-attended and everyone had fun anyway.

August 9th we had a Men's Club Movie and Cocktail Night. I was not able to attend but I was told it was a fun night. As always, Doug and the gang did a great job setting up. I'm sorry I missed it. Thanks to all that helped.

We have had some good events with Sisterhood in the past. This year we decided to plan a few more co-sponsored events. So if your wife won't let you have a night out with the guys, bring her along.

On September 26th Men's Club and Sisterhood are co-sponsoring a barbeque. So come on down and bring your wife or significant other.

The Men's Club Oktoberfest is on October 25th. Join us for a beer or two. Not all of us are drinkers, so non-alcoholic beverages are available as well.

November 22nd is the Men's Club Card Night. I am not a card player but I always have a good time. The guys are patient with us rookies and it is a friendly game.

Ed Dicken & Doug Leo

The Annual Holiday Breakfast will be on December 25th. Come on down, bring the whole family. Sign up early and let us know you're coming.

In Doug's last *Shofar* article he wrote 'As always, please contact Doug with any ideas you have or Ed for any complaints.' Guys, please don't call me about the Mets anymore. I am no longer a Met fan.

Come to a meeting or event and let us know what you enjoy doing. We are always looking for fresh ideas of events to sponsor. If you can't make the next event but want to be notified of upcoming events and meetings, please email Ed at edicken@computersurgeon.com or Doug at dsleo@hotmail.com

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**For more information, please contact Harriet Blatt,
Volunteer Coordinator, (516) 822-3535, x345.**

MHJC Event Catering

Manetto Hill Jewish Center is pleased to announce our expert panel of caterers.

They handle all catered parties held on our premises including Bar/Bat Mitzvahs, extended Kiddushes, Baby Namings, Bris, and more.

Please be aware that the kitchen is **Meat/Pareve only.**

No Dairy products are allowed.

Dairy substitutes, such as non-dairy creamer and non-dairy (tofu) cream cheese are acceptable.

Please reserve your event date with Ellen Goldman before contacting any of the following caterers:

Mr. Bob Kanowitz of
Del Mir Caterers 516-802-5492

Mr. Brian Yarmeisch at
Commack Kosher Caterers 631-543-2300

Mr. Rich Austein of
Ackerstein Caterers 516-538-6655

Irwin or Andrew of
Irwin Caterers at
Plainview Jewish Center 516-938-1310

Their catering expertise and the high quality of their food are sure to make your event very successful.

An Extended Kiddush requires a room reservation and fee of \$300 for members, \$400 for non-members.

Please reserve your date early by calling the telephone number below. Feel free to call me if you have any questions.

Ellen Goldman
Catering/Kiddush Coordinator
(516) 933-6361

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